



# Wyoming County Schools December 2018 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage Biscuit Dry Cereal, Variety Fresh Fruit Juice Milk ***** Maple Mini Pancakes	4 Blueberry Smoothie Strawberry Smoothie GRANOLA Dry Cereal, Variety Fresh Fruit Juice Milk ***** Apple Frudel	5 Homemade Cinnamon Roll Dry Cereal, Variety Fruit Juice Milk ***** BROWNIE MUFFIN	6 HAM, EGG, AND CHEESE CROISSANT Dry Cereal, Variety BANANA Juice Milk ***** Banana Bread	7 Chicken Slider Dry Cereal, Variety ORANGE Juice Milk ***** SUPER DOUGHNUT
10 BISCUIT & GRAVY Sausage Patty Dry Cereal, Variety Fresh Fruit Juice Milk ***** Cinnamon Toast Crunch Bar Yogurt	11 STRAWBERRY PARFAIT Teddy Grahams Dry Cereal, Variety Fresh Fruit Juice Milk ***** Pop Tarts - Fudge Moz. Cheese Stick	12 Cheese Toast Dry Cereal, Variety Fresh Fruit Juice Milk ***** BLUEBERRY MUFFIN	13 BACON Scrambled Eggs Whole Wheat Toast Dry Cereal, Variety ORANGE Juice Milk ***** Bagel, Cinnamon, Mini	14 English Muffin, Egg & Cheese Dry Cereal, Variety Peaches Juice Milk ***** Frudel, Cherry
17 Canadian Bacon Biscuit Dry Cereal, Variety Fresh Fruit Juice Milk ***** Oatmeal Choc Chip Bar	18 Pancake/Sausage Stick SYRUP, PANCAKE Dry Cereal, Variety Fresh Fruit Juice Milk ***** Cocoa Puffs Cereal Bar Moz. Cheese Stick	19 Breakfast Pizza Dry Cereal, Variety Fresh Fruit Juice Milk ***** Maple Snack'in Waffle	20 Maple Mini Pancakes Dry Cereal, Variety Fresh Fruit Juice Milk ***** Strawberry Pop-Tart Yogurt	21 FRENCH TOAST STICKS SYRUP, PANCAKE Dry Cereal, Variety ORANGE Juice Milk ***** Blueberry Breakfast Crackers Yogurt
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL				

"This Institution is an Equal Opportunity Provider"





# Wyoming County Schools 9-12 Lunch December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti Whole Wheat Roll <b>BUTTER</b> Tossed Salad Dressing, Low Calorie Baby Carrots <b>RANCH DRESSING</b> Fresh Fruit Applesauce Milk	4 <b>BISCUIT &amp; GRAVY</b> Sausage Patty Scrambled Eggs sliced tomato Hash Brown Potatoes Peaches Fresh Orange Milk	5 Hot Dog W/Chili Cole Slaw <b>CONDIMENTS</b> <b>BAKED BEANS</b> Sweet Potato Fries Fresh Fruit <b>FROZEN FRUIT CUP</b> Milk	6 <b>CHICKEN CASSEROLE</b> Mashed Potatoes Whole Wheat Roll <b>BUTTER</b> Peas Pineapple Fresh Fruit Milk	7 Chicken & Waffles <b>SYRUP, PANCAKE</b> Tossed Salad Dressing, Low Calorie French Fries Peas Fresh Fruit Milk
10 Hamburger Lettuce, Tomato, & Cheese <b>CONDIMENTS</b> <b>BAKED BEANS</b> French Fries <b>CARROT STICKS</b> Celery Sticks <b>APPLE COBBLER</b> Fresh Fruit Milk	11 Baked Ham Whole Wheat Roll <b>BUTTER</b> Sweet Potatoes Green Beans Fresh Fruit Peach Cobbler <b>ICE CREAM CUP</b> Milk	12 Western Chili Beans Cornbread Crackers Baked Potato <b>CONDIMENTS</b> Tossed Salad Dressing, Low Calorie craisins Fresh Fruit Milk	13 Taco Salad <b>CONDIMENTS</b> <b>REFRIED BEANS</b> Corn *Spanish Rice Red Grapes <b>FROZEN FRUIT CUP</b> Milk	14 Students' Choice
17 Corn Dog Potato Wedges <b>BAKED BEANS</b> Tossed Salad Dressing, Low Calorie Peach Cobbler Fresh Fruit Milk	18 Quesadilla, Chicken Tossed Salad Dressing, Low Calorie Green Beans Baby Carrots mandarin orange Fresh Fruit Milk	19 Chicken Nuggets Marinara Bosco's Cheesy Breadstick Sweet Potato Fries Tossed Salad Teddy Grahams <b>BANANA ORANGE</b> Milk	20 Turkey & Dressing Whole Wheat Roll <b>BUTTER</b> Mashed Potatoes & Gravy Green Beans Cranberry Sauce Fresh Fruit <b>CHERRY COBBLER</b> <b>ICE CREAM CUP</b> Milk	21 Pepperoni Pizza Tossed Salad Dressing, Low Calorie Corn Cherry Tomatoes Fresh Fruit <b>FROZEN FRUIT CUP</b> Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL				

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# DECEMBER



# Wyoming County Schools Pre-K - 8th Grade December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti Whole Wheat Roll BUTTER Tossed Salad Dressing, Low Calorie Baby Carrots RANCH DRESSING Applesauce Milk	4 BISCUIT & GRAVY Sausage Patty Scrambled Eggs sliced tomato Hash Brown Potatoes Fresh Orange Milk	5 Hot Dog W/Chili Cole Slaw CONDIMENTS BAKED BEANS Sweet Potato Fries FROZEN FRUIT CUP Milk	6 CHICKEN CASSEROLE Mashed Potatoes Whole Wheat Roll BUTTER Peas Fresh Fruit Milk	7 Chicken & Waffles SYRUP, PANCAKE Tossed Salad Dressing, Low Calorie French Fries Fresh Fruit Milk
10 Hamburger Lettuce, Tomato, & Cheese CONDIMENTS BAKED BEANS French Fries CARROT STICKS Celery Sticks Fresh Fruit Milk	11 Baked Ham Whole Wheat Roll BUTTER Sweet Potatoes Green Beans Peach Cobbler ICE CREAM CUP Milk	12 Western Chili Beans Cornbread Crackers Baked Potato CONDIMENTS Tossed Salad Dressing, Low Calorie Fresh Fruit Milk	13 Taco Salad CONDIMENTS REFRIED BEANS Corn *Spanish Rice FROZEN FRUIT CUP Milk	14 Students' Choice
17 Corn Dog Potato Wedges BAKED BEANS Tossed Salad Dressing, Low Calorie Fresh Fruit Milk	18 Quesadilla, Chicken Tossed Salad Dressing, Low Calorie Green Beans Baby Carrots Fresh Fruit Milk	19 Chicken Nuggets Marinara Bosco's Cheesy Breadstick Sweet Potato Fries Tossed Salad Teddy Grahams Fresh Fruit Milk	20 Turkey Dressing Whole Wheat Roll BUTTER Mashed Potatoes & Gravy Green Beans Cranberry Sauce CHERRY COBBLER ICE CREAM CUP Milk	21 Pepperoni Pizza Tossed Salad Dressing, Low Calorie Corn Cherry Tomatoes Fresh Fruit FROZEN FRUIT CUP Milk
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL				

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# DECEMBER